# SI of Folsom El Dorado Hills Best for Women

## SIFEDH Bulletin

### "The Need is Great but the Reward is Greater"

By Brenda Daley "I recently had the privilege of participating in one of the Flying Samaritans trips to their clinic in Los Pinos. It was an incredible experience. Even though we are not trained medical professionals, they put us to work right away. We helped by weighing patients, checking blood pressure, taking temperatures, and dispensing eye glasses. Anyone willing to make the trip can make a difference. The Samaritans work on a very tight budget. The team pay their own way for the trip and in some cases pay for the supplies they need to run the clinic. If you would like to be a member of the Flying Samaritans family, YOU CAN HELP! Donate your time, have a weekend adventure, or make a financial contribution, it will be the best money you have ever spent."

### **Now Accepting: LIVE YOUR DREAM APPLICATIONS**

#### Service Project: Girls Love Mail

In support of Folsom Community Day on September 17, SIFEDH participated in the Girls Love Mail (GLM) project. GLM is a local Folsom organization that collects hand-written letters of support for newly diagnosed breast cancer patients. Letters are delivered by GLM to hospitals and cancer center patients. Anyone can participate including children.

#### President's Corner

Soroptimist is mapping our "Next Big Goal" as we move ahead. Last year SIFEDH, along with 100s of clubs, helped define what our goal will be to: "Invest in the dreams of women and girls through access to education." Now we need to make this goal a reality. Coming up, we will discuss this & participate in a survey for the SIA Board of Directors. Please be there so your voice can be heard! – President Amee



Soroptimist International Folsom • El Dorado Hills

October 2016



Soroptimist Brenda giving a doll to a little girl in Los Pinos, Mexico

#### Dates to Remember

Tuesday October 11 @ 12pm
Speaker meeting former Governor
Linda Mc Doniels—Bacchus House
Monday October 18 @ 12 pm
Board meeting—Safe CU HQ
Thursday October 28 @ 12 pm
Business meeting—Bacchus House
Thursday November 10 @ 12pm
Speaker meeting: Elaine Whitefeather,
Exec. Director of Community for
Peace-Bacchus House
Monday November 14 @ 12 pm
Board meeting—Safe CU HQ

<sup>&</sup>quot;To improve the lives of women and girls through programs leading to social and economic empowerment"